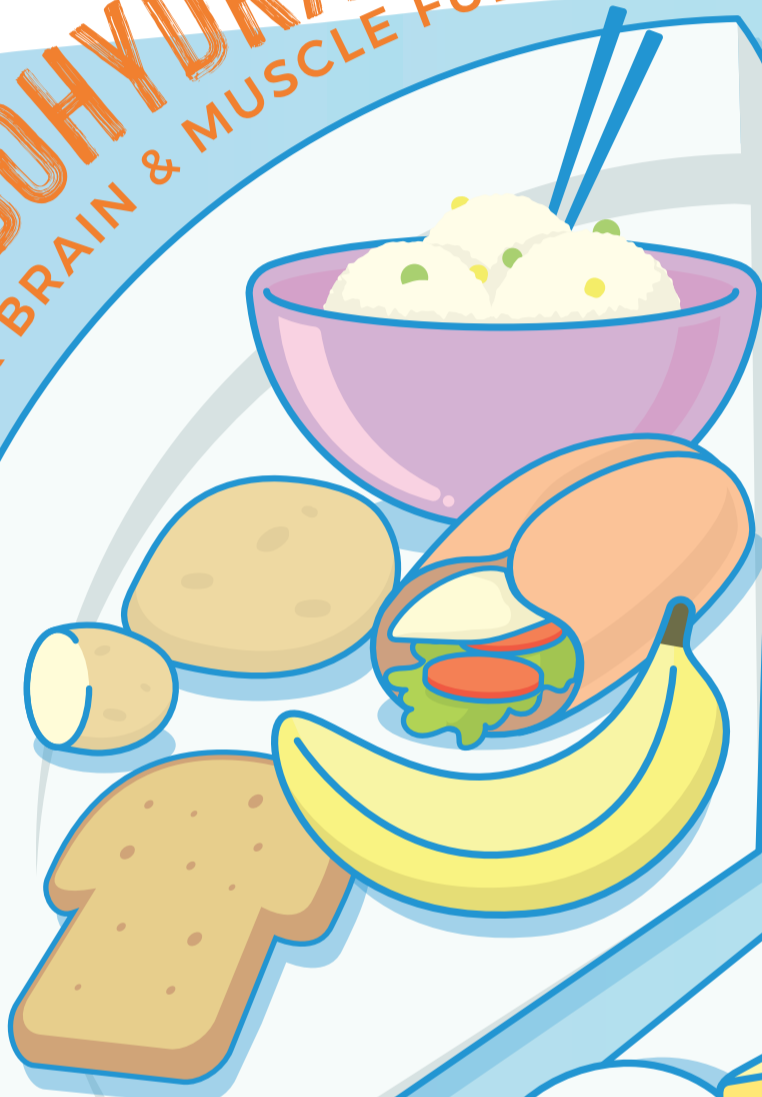


BALANCED PLATE

IS EACH MEAL BALANCED LIKE THIS?

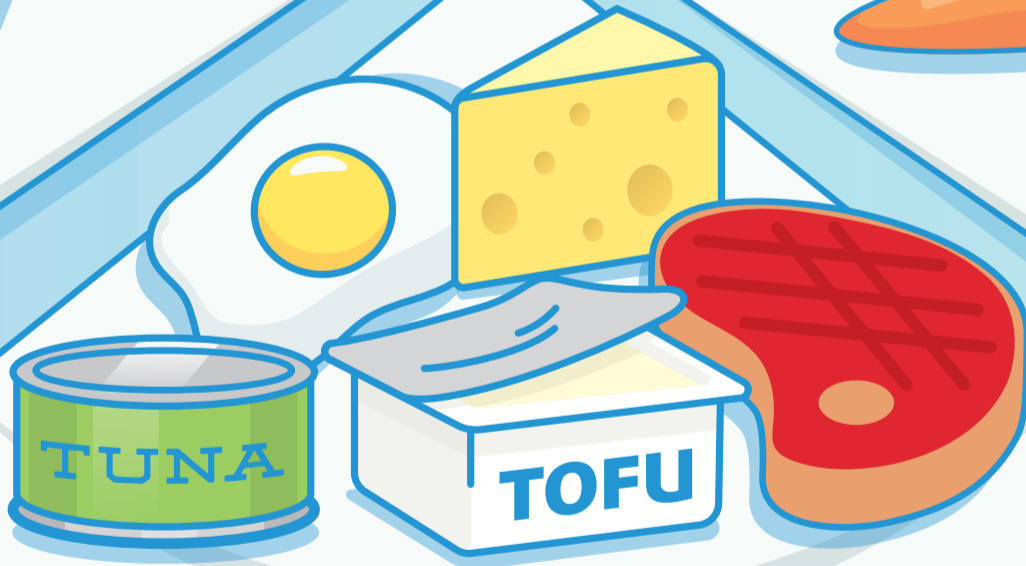
CARBOHYDRATE
FOR BRAIN & MUSCLE FUEL



VITAMINS & MINERALS
FOR A STRONG IMMUNE SYSTEM



PROTEIN
FOR GROWTH & RECOVERY



Game Day
NUTRITION